

September

FREE



THE magazine for the WHOLE family

Volume 2 Issue 9

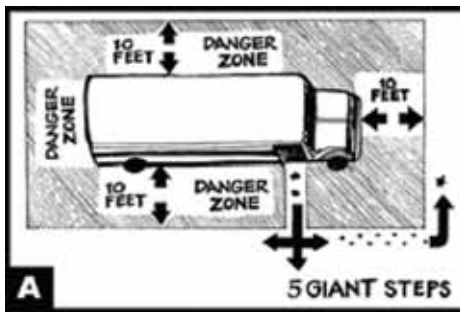
## School Bus Safety

School buses are nearly 8 times safer than passenger vehicles. But children must take care when boarding or leaving the bus. While an average of 7 school-age passengers are killed in school bus crashes each year, 19 are killed getting on and off the bus.

Most of those killed are children, five to seven years old. They are hit in the danger zone around the bus (A), either by a passing vehicle or by the school bus itself. It is illegal for a vehicle to pass a bus with its red light flashing.

Young children are most likely to be hit because they:

- Hurry to get on or off the bus,
- Act before they think and have little experience with traffic,
- Assume motorists will see them and will wait for them to cross,
- Don't always stay within the bus driver's sight, or
- Drop something as they get off the bus and run into the path of the bus to pick it up.



TEACH YOUR CHILD TO GET ON AND OFF THE BUS SAFELY:

- When getting on the bus, stay away from the danger zone and wait for the

driver's signal. Board the bus one at a time.

- When getting off the bus, look before stepping off the bus to be sure no cars are passing on the shoulder (side of the road). Move away
- Please see "Bus Safety" page 7

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## AARRRR It's Time To Talk Like a Pirate Again!



Cap'n Slappy and Ol' Chumbucket

From Brisbane to London, from New York to Uruguay, millions of people all around the world will join in and celebrate International Talk Like a Pirate Day this Sept. 19!

Each year Talk Like a Pirate Day is celebrated by more than 19 million people and has been celebrated on all seven continents. Why? Because it's fun. No other reason than that. Just like the name says, International Talk Like a Pirate Day is the one day a year when every man, woman and child on the planet is not just allowed but actively encouraged to talk like a pirate for the sheer, anarchic joy of it.

Please see "Pirate" page 22



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## A Bird Is Born!

In July we reported on a mother Killdeer that had set up a nest in the middle of the Snyder Signs parking lot (see the full story online at [www.familypastime.com](http://www.familypastime.com)-click on past issues). Thanks to the care taken by the employees, the birds have hatched.

SEPTEMBER MONTHLY OBSERVANCES

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>• Attention Deficit Hyperactivity Disorder Month</li> <li>• Baby Safety Month</li> <li>• Backpack Safety America Month</li> <li>• Be Kind To Editors &amp; Writers Month</li> <li>• Children's Good Manners Month</li> <li>• Christmas Seal Campaign Kick-off Month (Sept. - Dec.)</li> <li>• College Savings Month</li> <li>• Fall Hat Month</li> <li>• International People Skills Month</li> <li>• International Strategic Thinking Month</li> <li>• Library Card Sign-up Month</li> <li>• Menopause Awareness Month</li> <li>• Metaphysical Awareness Month</li> <li>• Million Minute Family Challenge (Sept.-Dec.)</li> <li>• National Biscuit Month</li> <li>• National Chicken Month</li> <li>• Civics Awareness Month</li> <li>• National Coupon Month</li> <li>• National 5-A-Day Month</li> </ul> | <ul style="list-style-type: none"> <li>• National Honey Month</li> <li>• National Mushroom Month</li> <li>• Osteopathic Medicine Month</li> <li>• Ovarian Cancer Awareness Month (Gov't) (ovarian.org)</li> <li>• Pediculosis Prevention Month</li> <li>• National Piano Month</li> <li>• National Preparedness Month</li> <li>• National Rice Month</li> <li>• School Success Month</li> <li>• National Very Important Parents (VIP) Month</li> <li>• Skin Care Awareness Month</li> <li>• Pediatric Cancer Awareness Month</li> <li>• Reunion Planning Month</li> <li>• Sea Cadet Month</li> <li>• Self-Improvement Month</li> <li>• Healthy Aging Month</li> <li>• Shameless Promotion Month</li> <li>• Southern Gospel Music Month</li> <li>• Subliminal Communications Month</li> <li>• United Planet Month</li> <li>• Update Your Resume Month</li> <li>• National Hispanic Heritage Month (September 15-October 15)</li> </ul> |
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- 5) See your ad in next month's issue.

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To submit items for consideration please e-mail to [editor@familypastime.com](mailto:editor@familypastime.com)

Or mail them to:  
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## Starting Your Kids on the Right Investment Path

\$500, that money can be rolled into a stock, bond, mutual fund, or certificate of deposit to demonstrate how to make money

work harder.

Seek out kid-friendly investments. Many investments hold stocks that appeal to children, whether it is a favorite fast-food restaurant such as McDonald's or an entertainment giant like Disney. Children will be able to relate better to a company they can understand and that is familiar to them.

Set up a family stock-picking game. Although long-term investing is recommended for meeting financial goals, you can use an easy, short-term, stock-picking game to provide your kids with insight about the stock market and being a shareholder. Begin by having everyone in the family pick a stock and follow it for a month or so. At the end of that time, award a small prize to the person whose stock has done the best. You may also want to add some "qualitative analysis" by examining the different factors that may have caused the winning stock to outperform the rest.

How many times have you heard adults express regrets that they didn't learn about investment planning when they were kids? Sometimes it can be a costly process of trial and error. That's why it's a good idea to provide your children with some investment insight at an early age.

Teaching your children about personal finances and how to invest can take many forms. Here are a few suggestions to get you started.

**Match your child's contribution**  
If your child has the self-discipline to invest money received as a gift or earned from a part-time job, reward that enthusiasm by matching the investment. For example, for every dollar your child puts into a savings account, you can put in the same amount, or a pre-determined portion. Then, once the account hits a certain level, for example

You'll want to keep all explanations fairly simple, but don't underestimate your children's ability to grasp fairly sophisticated concepts. Remember, children love to learn - and they're often better at it than adults.

Remember that children learn by example. Often people keep money issues from their children. But the best way for children to learn about money and investing is from their parents. Talk with them about your goals and when you reach a target, such as saving enough for a family vacation or a new car, let them know. Tell your children how important it is to establish financial goals and then work towards them, taking steps such as regular contributions and avoiding impulse purchases that blow the budget. If you are serious about saving and investing, chances are, your children will be, too.

If you give your children the financial education they need, they will be able to cope with, and take advantage of many of the circumstances that may come their way in the future. FPT

*Provided By: Lyndsey Wortman Edward Jones Investment Representative*

### SEPTEMBER WEEKLY OBSERVANCES

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Enthusiasm Week: 1-7</li> <li>• National Childhood Injury Prevention Week: 1-7</li> <li>• Self-University Week: 1-7</li> <li>• National Waffle Week: 3-9</li> <li>• National Payroll Week: 4-8</li> <li>• Play Days: 5-9</li> <li>• Bald is Beautiful Days: 8-10</li> <li>• National Assisted Living Week: 10-16</li> <li>• Habitat for Humanity's International Building on Faith Week: 10-17</li> <li>• Minority Enterprise Development Week: 10-16</li> <li>• Suicide Prevention Week: 10-16</li> <li>• National Emergency Preparedness Week: 11-17</li> <li>• Invisible Chronic Illness Awareness: 11-17</li> <li>• National No Bully Week: 11-15</li> <li>• Bottled Water Week: 17-23</li> <li>• Build A Better Image Week: 17-23</li> <li>• Constitution Week: 17-23</li> </ul> | <ul style="list-style-type: none"> <li>• Christian Leadership Week: 17-23</li> <li>• National Clean Hands Week: 17-23</li> <li>• National Farm Animals Awareness Week: 17-23</li> <li>• National Farm &amp; Ranch Safety and Health Week: 17-23</li> <li>• Historically Black Colleges &amp; Universities Week: 17-23</li> <li>• National Love Your Files Week: 17-23</li> <li>• National Rehabilitation Awareness Celebration: 17-23</li> <li>• National Singles Week: 17-23</li> <li>• Prostate Cancer Awareness Week: 17-23</li> <li>• Tolkien Week: 17-23</li> <li>• Balance Awareness Week: 18-23</li> <li>• Lunch Prowl Week: 18-22</li> <li>• Substitute Teacher Appreciation Week: 18-22</li> <li>• Religious Freedom Week: 22-10/1</li> <li>• Banned Books Week - Celebrating the Freedom to Read: 23-30</li> <li>• National Chimney Safety Week: 24-30</li> <li>• National Adult Immunization Awareness Week: 24-30</li> </ul> |
|--|--|

## My Dawg is a Cat!

I believe what one names a pet says a lot about them. I don't really know what it says or how to interpret it but it must mean something. Growing up I had a neighbor with a dog named "Dangit". So every evening about 7 O'clock my neighbor would be out in the yard yelling "Come here Dangit", Dangit you git yer butt home now." Which was really confusing to me because this is the same way my parents would call me. So not only did it confuse me because I was already home but Dangit (the dog) was equally confused because he had already come home with me when my parents had called me. So I would eventually have to say "well, Dangit, one of us better go over there or she'll just keep yelling."

I have a friend in town with a dog named "Honey" which I imagine may cause similar issues to "Dangit". I can only image what might show up if you stood in the yard and yelled "Come here Honey". I recently met someone who has a cat named Floyd and a dog named Floyd. I haven't figured out if this is extremely efficient or just extremely lazy. Maybe all efficiency is actually just laziness. I mean you don't have to spend any time pondering a name, after the first time anyway and how efficient would it be to only have to call one name and have all your pets come running. You could probably save money by buying pet tags in bulk.

A friend of mine gave her son an aquarium for Christmas. He named all

the fish "Cutie". To be fair it was "Cutie 1", "Cutie 2"...etc.

I have two cats. One is named Molly, I know it's a pretty normal name but it didn't start out that way. When we got the cat it was my daughter's



By **Chris Joker**

turn to name the pet (she was 6 at the time). She wanted to name the cat "Blossom Patootie Flower". Look I'm secure in my manhood and everything but I'm really not all about calling out "Come here Blossom Patootie Flower" and then, of course you have to repeat the name several times so I would be out in the yard yelling "Blossom Patootie Flower", "Blossom Patootie Flower" up until the time the guys in the white coats show up for me. I dodged that bullet by suggesting my daughter name Blossom Patoo...I mean the cat "Molly" after a character in the American Girls book she was reading. When cat number 2 came along it was my turn to name the pet. I'm a dog person. At least I was. I only had dogs growing up so I decided to name the cat, Dawg. I also treat him like a dog which has actually caused him to act like a dog. He comes when I call him, he plays fetch, he loves dog treats and he chases Molly. Naming a cat Dawg has caused some joyful confusion. Like when I took him to the vet the first time. The woman taking my information asked

"What is your cat's name?" "Dawg." "No your cat." "Dawg", "No, cat." "NO... DAWG!" I obviously new what she was saying and could have easily cleared up the confusion but when you get a chance to have fun like that, you gotta take it. I love this one, when we are out somewhere and my children see a cat that looks like Dawg they will say "Look, Daddy it's Dawg" which, of course, causes everyone within earshot to look at me like, "What sort of sick twisted person would teach his children that a cat is a dog?" Recently I went to the Animal shelter with my children. We went into the cat room and looked at the kittens. My children kept saying "Look Daddy it's a baby Dawg." You better believe I was getting funny looks from the other parents in the cat room. This experience also caused me to ponder if a baby Dawg would be a puppy or a kitten? On the upside seeing as how it is nearly impossible to leave the shelter without a new pet, there was just no way the folks at the shelter, after hearing my children call a cat a dog, were going to let me adopt a pet. I was on the phone with a friend recently and Dawg decided to climb up the screen on the sliding glass door so I said "Dawg, get down!" Of course he had to ask me what was going on. I said, "My Dawg is climbing the screen." After a minute of silence he asks, "What kind of dog can climb a screen?" "Why the feline-type of dog of course."

Yes what a person names their pet says a lot about them in my case it says "That boy ain't right". FPT

## Family Specials at Local Restaurants

El Chico –  
2929 Roan St. Johnson City, TN  
Thursdays 5 pm- close Children eat  
for 99 cents off the children's menu

Fuddruckers –  
2519 Knob Creek Road, Johnson City Mon-Wed  
Kids Eat Free After 4:00 pm  
(1 child with each adult)

O'Charley's –  
112 Broyles Drive, Johnson City  
1920 N. Eastman Road, Kingsport  
3173 Linden Drive, Bristol  
Kids Eat Free Every Day –  
(2 children with each adult)

Pizza Hut – Local Areas  
Tuesday – Family Feast Specials

Applebee's –  
2100 N. Roan Street, Johnson City  
Wed - \$.99 Kid's Meal (12 and under)

SAHIB Fine Indian Cuisine Johnson City  
2312½ Browns Mill Road, next to Days Inn,  
Kids under 5 eat free.

If you know of a family special at a local business  
send the info to [editor@familypastime.com](mailto:editor@familypastime.com) so we  
can add it to next month's list FPT



Braggin rights is a great place to brag on someone in your family or just a good friend or neighbor. So many people in our community do things "above and beyond". Its not for money or fame, they do them because, "that's what you do". Well we at Family Pastime would like to give credit where credit is due. If you have someone you would like to brag on, send us the story. You can send it to **Braggin Rights** at Family Pastime P.O. Box 3161, Johnson City, TN 37602. Or e-mail your story to [bragginrights@familypastime.com](mailto:bragginrights@familypastime.com)



*Bobbi Jo Smith*

Bobbi Jo was born in 1972 and lived with a foster family in Kingsport most of her life. She has fetal alcohol syndrome which

has caused many serious medical problems. She received her special education diploma from Sullivan Central High School in Sullivan County in 1994.

Bobbi has lived in various group homes until Bobbi's Way, Inc. was formed. Bobbi's Way is a small board of directors serving only one client, Bobbi Jo.

She now lives by herself in a 2 bedroom apartment in the Doe Ridge apartment complex in Johnson City. She has a 24-hour staff to help her with daily living. Bobbi Jo cooks for herself, helps keep the apartment clean and does her own clothes care. She enjoys eating out and visits Poor Richards on a daily basis.

Bobbi is an animal lover. She and her staff visit the local animal shelters and pet stores. She currently has a hamster named Honey Bear and two fish tanks, a 20 gallon and a 55 gallon tank. She likes the fish that are a little different. In the past she has had parakeets, a lizard, a couple of crabs, a fire bellied frog and a kitten.

As a part of her community participation, she decided to try the craft classes at Michael's. Bobbi has taken classes in One-Stroke Painting, crocheting, knitting, as well as a cake decorating class. The classes have made her feel like she is a "good person." She has now also discovered that she is good with her hands. FPT

## CASA Helps Children Lost on the Yellow Brick Road . . .

Navigating the twists and turns of an overburdened child welfare system can be a daunting task, especially so for an abused child who just wants to go home. CASA's goal is to move children through the court system and into a safe, permanent home as quickly as possible. As Court Appointed Special Advocates for children, CASA volunteers work tirelessly to speak for many abused and neglected children who await a court decision of their future in Washington, Greene and Unicoi Counties and the City of Johnson City. Returning home is rarely as easy as clicking your ruby slippers together three times. But you help make it easier by supporting CASA and the Red Shoe Gala.

This year's Red Show Gala will be held Friday, September 15 at the Johnson City

Country Club (1901 E. Unaka Avenue) doors open at 6:30 with dinner at 7:00. Dress if cocktail attire.

Also included, will be a Silent Auction, a fun-filled, Red Shoe Contest, and Dance, with musical entertainment provided by the band Bag a' Cats! Tickets for the event are \$50.00.

Be sure to come wearing or carrying your own outrageous red shoes. You could be the winner of the Red Shoe Contest, which will be judged by local members of the various Courts CASA serves.

For more information or tickets, please call CASA at: 423-461-3500 or email: [casas@earthlink.net](mailto:casas@earthlink.net).

### Instructions: Medium

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once. Look in next month's issue for the answer to this month's puzzle.

S U D O K U		5	8	2			
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# Bus Safety

*continued from page 1*

from the bus.

- Before crossing the street, take five “giant steps” out from the front of the bus, or until the driver’s face can be seen (A *page 1*). Wait for the driver to signal that it’s safe to cross.

- Look left-right-left when coming to the edge of the bus to make sure traffic is stopped. Keep watching traffic when crossing. SAFETY STEPS YOU CAN TAKE:

- Supervise children to make sure they get to the stop on time, wait far away from the road, and avoid rough play.

- Teach your child to ask the driver for help if he/she drops something near the bus. If a child bends

down to pick up something, the driver cannot see him/her and the child may be hit by the bus. Have your child use a backpack or book bag to keep loose items together.



- Make sure clothing and backpacks have no loose drawstrings or long straps, to get caught in the handrail or bus door.

- Encourage safe school bus loading and unloading.

- If you think a bus stop is in a dangerous place, talk with your school office or transportation director about changing the location.

LEARN AND FOLLOW SCHOOL BUS STOP LAWS:

Laws exist to protect children getting on and off the bus AND protect you from

a tragedy. Check with your school or police department for more information on your state’s

laws. Here are some rules:

- Vehicles must stop when the bus displays flashing red warning lights and extends the stop signal arm (B). Vehicles may not pass until the flashing red lights and signals are turned off.

- Vehicles traveling in the same direction and vehicles moving in the opposite direction on a divided roadway are required to stop.

- Never pass on the right side of the bus, where children enter or exit. This is illegal and can have tragic results.

Violation of these laws can result in a citation and fine. In many places, school bus drivers can report passing vehicles.

For more information, contact the DOT Auto Safety Hotline at 1-888-DASH-2-DOT (1-888-327-4236) or [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov) FPT

## Hands On! Regional Museum 20th Anniversary Membership Drive

Hands On! Regional Museum begins its 20th year in September! Celebrate the Museum’s birthday with a present to your family during the month of September: renew, purchase, or give a Hands On! Family Membership for the 1987 price of \$35.00! Family memberships make great Christmas presents, providing free or reduced entrance to over 200 national museums. A Family Membership also gives a family one year’s admission to the special events planned as Hands On! celebrates 20 years as this region’s premiere children’s museum. The yearlong birthday celebration for Hands On! will include a kick-off birthday party, monthly special activities for children and families, a spring golf tournament, and many other events for everyone who loves to have fun and learn. More information on the 20th Birthday events coming soon!

### SILLY ADVERTISEMENTS

**NORDIC TRACK**  
\$300 Hardly used, call Chubby.

**GEORGIA PEACHES**  
California grown - 89 cents lb.

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**WEDDING DRESS FOR SALE.**  
WORN ONCE BY MISTAKE. Call Stephanie.

## SILLY ADVERTISEMENTS

**FREE YORKSHIRE TERRIER.**  
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1/2 Cocker Spaniel, 1/2 sneaky neighbor’s dog.

**FREE PUPPIES...**  
Mother, AKC German Shepherd. Father, Super Dog...able to leap tall fences in a single bound.

**FOUND DIRTY WHITE DOG.**  
Looks like a rat .... been out a while. Better be a reward.

## Make Your Own Piñata

By: Family Pastime Staff

Although the breaking of a piñata is traditionally performed during Mexican Christmas celebrations, it has become popular for children's birthday parties in the United States. Piñatas come in many shapes, but they are customarily a bull or a six-pointed star. Authentic piñatas are made from clay pots, but they can be made from common household items. They are as easy to make, as they are made to break.

### SUPPLIES:

- Flour
- Water
- Bowl
- Newspaper
- Round balloons
- Skinny balloons
- Candy and/or small toys
- Masking tape
- Tempera or watercolor paint

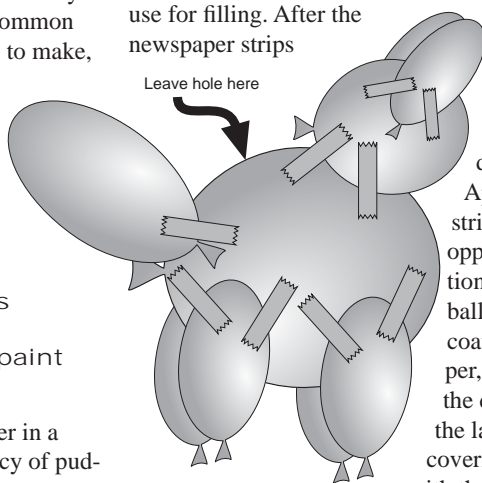
### HOW TO:

Mix equal parts of flour and water in a bowl until it reaches the consistency of pudding. Add more water or flour as necessary. Cut newspaper into 1-inch-wide strips and soak them in the flour paste.

Blow up balloons and tie or tape them together to make the outline of the piñata. Round balloons work best to create a large cavity for storing candy/toys; skinny

balloons are great for creating features such as ears, tails and legs.

Apply the newspaper strips around the balloons. Be careful to apply each strip separately and do one coat of newspaper at a time. Also leave a hole about the size of a tennis ball in the top to use for filling. After the newspaper strips



first layer of has been glued on, wait five minutes to do the second.

Apply these strips in the opposite direction. Cover the balloons with six coats of newspaper, alternating the direction of the layers. After covering the piñata with the last layer of

newspaper, let it dry overnight.

Pop and remove the balloon through the hole you left in the top. Carefully fill the cavity halfway with small pieces of wrapped candy and/or small toys. Cover the hole with masking tape. Paint the piñata with Tempera or watercolor

paints and allow the paint to dry overnight.

Breaking the piñata

Punch 2 small holes in the top near the opening and string a large piece of string through the two holes. Tie a rope to the string to suspend the piñata

Blindfold a child, spin him or her around, and let him or her take swings at the piñata with a broomstick as you rock it back and forth on the rope. Let the children take turns until the piñata is broken and the candy/toys fall out. Make sure the other children are far enough away that the broomstick will not hit them as it is swung. FPT

### Silly Advertisements:

FOR SALE BY OWNER:

Complete set of Encyclopedia Britannica, 45 volumes.

Excellent condition.

\$1,000 or best offer.

No longer needed, got married last month. Husband knows everything.

FREE PUPPIES...PART GERMAN SHEPHERD - PART STUPID DOG

## SUDOKU

Instructions: EASY

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once. Look in next month's issue for the answer to this month's puzzle.

7	6	5	3	8	4	2	1	9
9	8	1	5	2	6	7	3	4
3	2	4	1	9	7	5	8	6
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7	4						2	6



We welcome Lisa Baughn to the Family Pastime Magazine fold as our homeschooling source. Lisa will be contributing a monthly homeschooling column--There's No Place Like Home School.

Lisa and her husband Dave Baughn moved to Gray, TN, in April of this year, fleeing the hustle and bustle and concrete jungle of Southern California. The Baughns have homeschooled for 7 years. They have adopted a "Lifestyle of Learning" educational style, with an Entrepreneurial flair, using some Charlotte Mason and Classical methods.

We welcome your comments, suggestions or questions about home schooling. You can e-mail them to [homeschooling@familypastime.com](mailto:homeschooling@familypastime.com)

## Introduction to Homeschooling

By: Lisa Baughn

Homeschooling is a way of life I never thought our family would adopt. It turned out to be one of the best decisions of our lives. When our older daughter came home from Jr. High 7 years ago, and asked to be homeschooled, I absolutely panicked. Yikes! How could I do that? I didn't know anything about homeschooling, the few families we knew that did seemed a little weird, I enjoyed my "freedom" now that both girls were in school full time and I was ready to get on with my own activities, to write those books, go on the lecture circuit...and on and on. Can you identify? But those two little girls, wanting Mama to educate them at home, started our whole family on a journey that has ultimately knit our hearts together, made us all grow, taught us more than we every thought possible and been a complete blessing.

If you are at all like me, you wonder how to do this, what the laws are, if you have the patience and if you are educated enough to teach your children. A thousand questions swirl through your mind, so you try a quick Google search and you are overwhelmed with well over 12-14 million websites, depending on what term you use, ever growing and expanding. Homeschooling is a hot topic. We are living in the "Golden Age of Home Education" when resources, groups, seminars, conferences, books, curriculum, websites, newsletters, magazines and blogs abound. Which to choose? Which direction to take?

Take a deep breath, and get ready for step one, browsing the informative website at [www.hslda.org](http://www.hslda.org) and then joining. The folks at HSLDA (Home School Legal Defense Association) are

the watchdogs of homeschooling in America and track all of the legalities, working tirelessly for homeschool friendly laws. You can click on your state to find out the particulars. HSLDA is only a phone call away for additional information on the facts in your state. We have chosen "Option #3 - to operate as a satellite campus of a church-related school." HomeLife Academy is an online "umbrella school" which handles school records, grades, and transcripts at [www.homelifeacademy.com](http://www.homelifeacademy.com). Two Tennessee groups worth checking out are [www.tnhomeed.com](http://www.tnhomeed.com) and [www.nethea.com](http://www.nethea.com)

The Tri-Cities area is bursting with homeschool support groups, activities, 4-H groups, clubs, classes, and more, all of which can be viewed at [www.tricityshomeschool.org](http://www.tricityshomeschool.org), a goldmine of local information that will provide your children with an incredibly rich home education experience. Check out the page full of support groups, for activities, field trips, socialization, support and encouragement to both parents and children. Some do yearbooks, formal dances and offer many of the "can't miss" events we wonder if our children will ever live without! Third, there are Co-Ops, where students can take classes such as biology, writing, Latin, geography, web design, algebra, dance, etc. Co-Ops are a terrific opportunity to let your children experience a group setting in a few subjects and a chance to vary their education in unusual ways.

Join the Tri-Cities Homeschool Yahoo E-Group at [TChomeschool-subscribe@yahoo.com](mailto:TChomeschool-subscribe@yahoo.com), which will give you a daily

dose of encouragement, keeping you informed of all of the activities going on in the Tri-Cities.

The burgeoning world of home education is full of books to help families. We will explore more in the coming months. A few to start with are:

- 100 Top Picks for Homeschool Curriculum, by Cathy Duffy
- Educating the WholeHearted Child by Clay and Sally Clarkson.
- You Can Teach Your Child Successfully, by Dr. Ruth Beechick

Welcome to "The Wonderful World of Homeschooling" where you will get an intimate look into the lives of millions of children across America and the world, who learn at home every day. You will learn why so many families are opting to educate their own children, as they rally around the life changing words of the poet William Butler Yeats, who wrote "Education is not the filling of a bucket, but the lighting of a fire."

Pick up the monthly issues of Family Pastime Magazine to continue our journey into homeschooling, studying the different styles and approaches, one of which will surely fit your family. For more local homeschool information and live links, please go to [www.writeinjoy.org](http://www.writeinjoy.org). FPT

What's a pirate's favorite play in basketball?  
A HOOK-SHOT!



## CAMELS—" SHIPS OF THE DESERT "

By: B. Thompson

If someone were to ask you to name an animal that lives in the desert, what animal might you think of? Would it be the camel? If so, that's not surprising. Of all the animals that live in the desert, camels probably are the most famous—and for good reason! These huge mammals are one of God's most intriguing creations.

There are two kinds of camels. The first, known as an Arabian, or dromedary, camel, has a single hump on its back. The other, known as a Bactrian camel, has two humps. Scientists do not know exactly why some camels have two humps, while others have only one, but it may be that God designed them this way because they live in different climates. In their wild state, Bactrian camels live only in the Gobi desert of Mongolia where it gets extremely cold. Domesticated Bactrian camels may be found in Afghanistan, Turkey, the Soviet Union, Iran, and China. Nearly all dromedary camels are domesticated, and live in northern Africa, Australia, and central Asia.

Camels are known as the "ships of the desert." They can glide across desert sands with ease, and provide one of the most important modes of transportation for people in desert areas. Dromedary camels can travel at speeds of up to 8 to 10 miles per hour for up to 18 hours! Bactrian camels are slower, traveling at speeds of around 5 miles per hour. But they can

maintain this speed for longer periods of time over great distances (about 30 miles a day), and can carry extremely heavy loads (equivalent to 8 large suitcases!) in the process.

Except for giraffes, camels are the tallest land-living animals, sometimes growing up to 7 feet. And talk about well designed! Camels have wide, cushioned feet that spread out as they walk. This helps them maneuver in the sand. They have tough pads on their chests and knees that help support their body weight when they kneel down. To protect themselves from sandstorms, they have not one, but two rows of eyelashes, and can close their nostrils completely.

People used to think that camels stored water in their humps, but this is incorrect. Actually, camels store water in small, flask-shaped bags that line the insides of their stomachs, which have three sections. Camels can exist with very little food and water if they need to. Strong digestive systems help them get the most water and nutrients from the thorny plants, leaves, twigs, shrubs, and dried grasses they eat (and that most other animals wouldn't think of eating). When there is plenty of food, they eat a lot and store fat in their humps. And when they are thirsty, they can drink as much as 25 gallons of water in 10 minutes! They conserve water because they hardly ever sweat, and because their nostrils remove moisture from their breath and recirculate it through their bodies.

These "ships of the desert" truly are amazing creatures. FPT

Sudoku Really Hard  
answer from August

3	1	8	5	9	4	6	7	2
7	5	4	6	2	8	9	1	3
2	6	9	7	1	3	8	4	5
5	3	6	8	7	1	4	2	9
8	4	2	3	5	9	1	6	7
1	9	7	4	6	2	3	5	8
6	8	1	2	3	7	5	9	4
9	7	3	1	4	5	2	8	6
4	2	5	9	8	6	7	3	1

Hard answer from August

1	3	7	5	9	4	6	2	8
9	8	6	7	2	3	4	5	1
5	4	2	6	1	8	7	3	9
6	5	4	3	8	2	9	1	7
8	2	9	1	6	7	3	4	5
3	7	1	4	5	9	2	8	6
7	9	8	2	4	5	1	6	3
2	6	3	8	7	1	5	9	4
4	1	5	9	3	6	8	7	2

Sudoku Easy Answer From August

3	6	9	1	7	2	5	4	8
5	7	4	6	8	9	2	1	3
1	8	2	5	4	3	6	9	7
4	3	8	2	1	5	7	6	9
6	1	7	3	9	4	8	5	2
2	9	5	7	6	8	4	3	1
9	2	6	4	3	7	1	8	5
8	5	1	9	2	6	3	7	4
7	4	3	8	5	1	9	2	6

## How to Truly Enjoy The Football Season

It is that time of year again. Get out your favorite jersey, cancel all Sunday plans and encourage your wife to take impromptu weekend shopping sprees. That's right, football season is here and it is time to get into gear. If you can't be at the game, here are the best tips to prepare for kick-off so you can enjoy every minute of the game from the comforts of your own couch.

### Update your TV

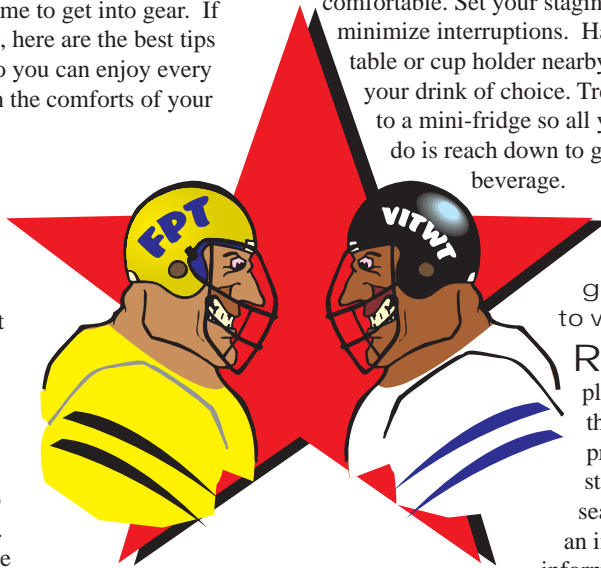
You've heard all the hype about high-definition TV (HDTV). Now is the perfect time to invest in a new TV set. Once you've watched sport in high-definition, you won't go back.

LCD and Plasma TVs are great space savers, especially if you want to hang the TV on the wall. Microdisplay TVs are the biggest and baddest on the market - great if you want to make a statement. HP offers a full line-up of Microdisplay, Plasma and LCD TVs all in high-definition. HP's HDTVs include innovative Visual Fidelity technologies that deliver vibrant, crisp and dynamic world-class picture, making you feel like you're right there in the stadium.

When choosing, consider the features that will enhance your viewing experience. For example, a six-second refresh rate virtually eliminates motion blur, making it ideal for watching sports. An ultra-wide viewing angle allows you to see the picture from anywhere in the room. You could even invest in surround sound to maximize your viewing experience.

### Set the Stage

Be it your new leather couch or your old recliner, make sure you have room to get comfortable. Set your staging area to minimize interruptions. Have a side table or cup holder nearby to hold your drink of choice. Treat yourself to a mini-fridge so all you have to do is reach down to get that cold beverage.



Fantasy football picks guaranteed to win

Research players and all their statistics prior to the start of the season. Visit an independent information site

that provides tips, tricks and stats on NFL players like Rotowire.com. The site offers fantasy sports news, analysis, articles and draft kit information so you'll be on top of all the games. You will even get the chance to win an HP TV.

Additionally, bookmark your favorite Web sites so you can easily access the stats. CBS Sportsline or NFL.com will provide up-to-date results so you can track your teams even if you are busy watching another game.

Invest in a sports package

If you're like the average Joe, you will only get coverage of local games. To solve this problem, purchase an NFL Sunday Ticket sports package from DirectTV so you can see the games you choose. This is also a great way to watch your fantasy football teams and keep track of your team's performance.

Plan your day accordingly

Given the schedule lineup, you'll most likely have one afternoon game and one evening game, so it is important to plan ahead. Get errands done in advance and make sure the refrigerator is stocked with food and beverages so you won't need to leave the house during over-time. Also, have your favorite pizza place on speed dial to quickly order that pie and keep your energy up during the second game. Download the schedule of games from ESPN.com and post it on the refrigerator so you know ahead of time when your team is playing.

Think ahead to your significant other

Want to spare your significant other from watching the game? Buy her weekly manicures or a gift certificate to a spa so she can pamper herself while you are tied up with the games. It'll be worth the investment. FPT

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"What is a pirates favorite kind of cookie?"

"Ships ahoy"

"Why do pirates have both ears pierced?"

"It only costs them a buccaneer!"

Did you know that Pirates were the first people to insulate their homes? They did it for the "RRRR" value.

Help support the only local publication dedicated to families. Advertise your business in Family Pastime Magazine. Call Floyd at 423.773.3064.

## SMALL IMPROVEMENTS, LARGE RETURNS

If your home has been on the market for awhile, and you're not getting any serious takers, you might want to make a couple of inexpensive updates and modest improvements to add a little pizzazz.

For less than \$1000 you can freshen up a look or add a number of attractive touches that will net you far more.

Put a new spin on your interior to catch the prospective buyer's eye. Instead of major improvements, think about creating an updated, fresh look in the house with new towels in the bath, new throw rugs in the kitchen, a little paint and a grouping of new candles on the mantle.

Consider rearranging furniture and even removing some of it to create a 'showroom' effect. You can beef up any setting with natural light by adding a skylight. A new coat of paint in the foyer will set the stage for

the rest of the prospective buyer's tour. Pick up a couple of framed prints that go well with your decor and use them to jazz up a blank wall.

Remodeling magazines report that bathroom improvements and minor kitchen updates like new flooring or refinishing the cabinets bring the highest return on investment. The report calculates that a \$15,000 investment could bring a return of more than 147 percent when it comes time to sell.

Every buyer wants to feel that they are able to move into your home with little or no remodeling, painting, major renovations, make-overs and last, but surely not least, without lots of major cleaning. So make your home look as turn-key ready as you can. Clean everything from top to bottom and get rid of clutter. A move-in ready house is the ultimate find for any buyer.

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## Slumber Parties Are Still Teens' Favorite Way To Connect

In an age when teens are texting instead of talking and know IM before knowing "who I am," it's good to know that girls still place a

high priority on face-to-face fun with friends. According to a new survey, the slumber party, long the gold-standard of teen girl gatherings, still tops the list of teens' favorite activities. A majority (54 percent) of teen girls have

been at a slumber party at least once in the last month, with more than one-in-four (29 percent) attending a slumber party in the last week.

The survey was conducted by SC Johnson, a Family Company, in conjunction with the launch of their new product, Glade PlugIns Scented Oil Light Show - a hot new room accessory that combines scent and a colorful light show to create a multi-sensory experience that helps set the mood for positive social interaction. Available in three fragrances from the Fun & Flirty Collection - Berry Burst, Vanilla & Cream and Watermelon Rush - Glade PlugIns Scented Oil Light Show was designed with teens and tweens in mind. It's sleek enough to be cool in today's high-tech world, but it doesn't forget the importance of face-to-face interaction, setting the tone for self-expression and



*Slumber Parties are still teen's favorite way to connect!*

communication. High-Touch Experiences Needed in Teens' High-Tech World

"It's important for teens to reconnect face-to-face because today's high-tech world can make relationships impersonal and stressful," according to Jill Zimmerman Rutledge, LCSW, a psychotherapist specializing in teen girls and

author of *Dealing with the Stuff That Makes Life Tough: The Ten Things That Stress Girls Out and How To Cope with Them*. "High-touch experiences, like slumber parties, can help girls tune into the moment, reconnect on a

personal level, and have uninterrupted fun."

The Ultimate Slumber Party

"For years, teen relationships have been built and enjoyed at slumber parties. As a Family Company, we're excited to see that even today, the slumber party stands out as the ultimate chat room," said Kelly Semrau, SC Johnson Vice President of Global Public Affairs and Communication. "The Glade PlugIns Scented Oil Light Show is the perfect accessory to set the mood for good times and girl-talk at a slumber party."

To celebrate the



Visit [www.ScentedOilLightShow.com](http://www.ScentedOilLightShow.com) for a chance to win the Ultimate Slumber Party with Vanessa Anne Hudgens of the mega-hit "High School Musical"

slumber party in style, Glade PlugIns Scented Oil Light Show is offering girls the chance to compete to win a trip to the "Ultimate Slumber Party" in Hollywood and hang out with Vanessa Anne Hudgens, star of Disney's mega-hit *High School Musical*, plus receive a \$1,000 shopping spree! Entries must be postmarked on or before September 22, 2006 and received by September 30, 2006. (A.R.V. \$3500 per Grand Prize winner.) Complete details, Official Rules, entry forms and tips on how to host your own ultimate slumber party are available at [www.ScentedOilLightShow.com](http://www.ScentedOilLightShow.com).

*High School Musical* is currently nominated for six Emmy awards. As a result of her starring role, Hudgens is currently nominated in two categories for Teen Choice 2006 including Choice Breakout Star and Choice Chemistry with Zac Efron.

For more information about Glade PlugIns Scented Oil Light Show, visit [www.ScentedOilLightShow.com](http://www.ScentedOilLightShow.com). For information on other Glade family of products, visit [www.glade.com](http://www.glade.com). FPT

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## National Storytelling Festival-2006

(Jonesborough, Tenn.)— “The trance came over the crowd without anyone being aware. A man’s iPod earbuds dangled, unused, around his neck. Potato chip bags lay untouched in teenagers’ laps. Two thousand people sat in folding chairs under a huge white tent, utterly still, listening.” Atlanta Journal-Constitution

Storytelling aficionados young and old will once again make their way to Jonesborough, Tennessee for the critically-acclaimed National Storytelling Festival, October 6-8, 2006. An event that drew 60 folks back in 1973, the festival now welcomes over 10,000 people every autumn to Tennessee’s oldest town. Now in its 34th year, the National Storytelling Festival is recognized as the world’s premier storytelling event and one that ignited the storytelling revival in America.

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Produced by the International Storytelling Center (ISC) and co-owned by ISC and the National Storytelling Network, the three-day outdoor



Photo by: Tom Raymond, Fresh Air Photographics

festival continues to present the finest storytellers from across the globe. This year the weekend includes special programs for families and children, late night performances for adults, two nights of ghost story concerts and showcase events for all ages.

Among the returning featured performers will be Kathryn Windham, beloved

Southern storyteller who tells relaxed rambling stories about “a South I know and love,” and Cuban-American storyteller Carmen Deedy who’s known for her spunk and wickedly funny tales about her native homeland. Brand new tellers to the festival stage include Kumiko Yamamoto, who shares Japanese folk tales using music, mask and mime, and Chic Street Man, a uniquely talented artist who weaves story into his acoustic blues.

The festival is sponsored in part by Krispy Kreme Doughnuts, the National Endowment for the Arts, the Tennessee Arts Commission, and August House Publishers.

Storytelling concerts begin at 10 a.m. on Friday, with events continuing until 4:30 p.m. on Sunday. The ever-popular Midnight Cabaret will be held at 10:30 p.m. on both Friday and Saturday evenings. Featured performers for these special events are Bil Lepp on Friday night, and Antonio Rocha on Saturday. For information and ticket prices, visit [www.storytellingcenter.net](http://www.storytellingcenter.net) or call 800-952-8392.

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## Kid Friendly Recipes



### E.Z. Taco-Burrito

**SUPPLIES:**

- Tortilla shells
- Plain Nacho Chips
- 1 can Hot dog chili
- Shredded cheese

**HOW TO:**

1. Mix enough hot dog chili and crushed up nacho chips in a microwave-safe bowl to fill as many tortilla shells as you wish to make.
2. Heat chili/nacho mix until hot
3. Spoon chili/nacho chip mix onto tortillas
4. Cover with shredded cheese
5. Heat 30 seconds per burrito
6. Wrap tortilla around filling
7. Eat

### Bagel Pizza

**SUPPLIES:**

- 1 bagel, cut in half
- Tomato sauce
- Shredded mozzarella cheese
- Toppings like Pepperoni, cooked ground beef or sausage, diced green pepper, chopped onion, (whatever you like)
- Seasonings like oregano, basil, and pepper

**HOW TO:**

1. Set the oven to low heat.
2. Spread tomato sauce on each bagel half.
3. Add your favorite toppings.
4. Sprinkle the shredded cheese on each half.
5. Put a light sprinkling of seasonings on each half.
6. Put bagel halves on the baking sheet.
7. Bake in the oven on low heat for about 5 to 8 minutes. They are done when the cheese is bubbly.
8. Let cool for a minute
9. Eat

### Homemade Peanut Butter

**SUPPLIES:**

- 1 1/2 C. Unsalted roasted peanuts
- 1 TBS. Peanut oil
- Food processor
- Bowl
- Mixing spoon
- Storage container
- Measuring cups and spoons

**HOW TO:**

For smooth peanut butter:

1. Mix the peanuts with the peanut oil, and pour the mixture into the food processor
  2. Process the mixture until it's very smooth.
- Store your smooth peanut butter in a sealed container in the fridge. It will be good for 2 weeks.

For chunky peanut butter:

1. Take about 1/4 cup out of your 1 1/2 cups of peanuts and set them aside.
2. Mix the rest of the peanuts with the oil, and pour the mixture into the food processor.
3. Process the mixture until it's very smooth
4. Stir in the peanuts that you had set aside.
5. Process a few seconds more to create the chunks in your chunky peanut butter.

Store your chunky peanut butter in a sealed container in the fridge. It will be good for 2 weeks.

### Frozen S'mores

**SUPPLIES:**

- 8 graham cracker squares (2 1/2 x 2 1/2 inches)
- 2 tablespoons peanut butter
- 2 tablespoons marshmallow topping
- 1 cup chocolate ice cream

**HOW TO:**

1. Spread all crackers with peanut butter
2. Spread all crackers with marshmallow topping
3. Top 4 with 1/4 cup ice cream each.
4. Cover with remaining crackers (spread side down)
5. Gently squeeze sandwiches until ice cream spreads to edge of cookies
6. Serve immediately or wrap in plastic wrap and freeze up to 3 days.

### Chili Dog Casserole

**SUPPLIES:**

- 2 (15 ounce) cans chili with beans
- 1 (16 ounce) package hot dogs
- 10 corn or flour tortillas
- 2 cups shredded Cheddar cheese

**HOW TO:**

1. Spoon one can of chili into 13 x 9-inch baking dish.
2. Roll hot dogs in tortillas.
3. Place in baking dish seam side down.
4. Top with remaining chili
5. Sprinkle the cheese over the top.
6. Cover the pan with foil (Take care that foil does not touch cheese)
7. Bake at 425 degrees for 30 minutes.
8. Eat

### Potato Chip Chicken

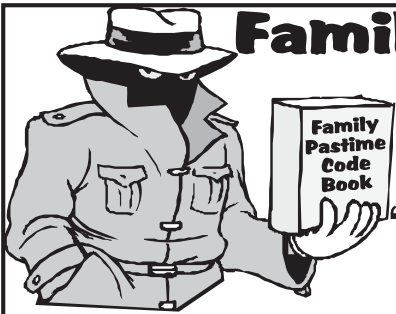
**SUPPLIES:**

- 2 cups potato chip crumbs
- 1/4 teaspoon garlic salt
- Pepper, to taste
- 1 (3 pound) chicken, cut up
- 1/2 cup melted butter or margarine

**HOW TO:**

1. Preheat oven to 375 degrees
2. Combine potato chip crumbs, garlic salt and pepper in shallow dish
3. Dip chicken pieces 1 at a time into melted margarine
4. Roll margarine covered chicken in potato chip crumbs until coated
5. Arrange chicken pieces skin side up in 13 x 9-inch baking pan
6. Bake for 1 hour or until chicken is brown and crispy
7. Eat

Q. What washes up on very small beaches?  
A. Microwaves!



## Family Crypto-Time

A Cryptogram is an encrypted phrase in which each letter represents another letter. The object is to decode the encrypted phrase. Through trial and error you will determine which letters replace which. If you need a clue look on page 18.

**M X O X W F R Z M Z V Y C F H Z Q B R F L N D V F**  
**V S V B T J V M G R Z M G J C N V B.** -Albert Camus

## Easy Organization, Cleaning Tips for Busy Parents



Molly Gold

Keeping your home neat and organized can be challenging. There's family, work, errands and other obligations - who

even has time to clean?

Yet choosing a few effective products and planning your time can save you a lot of money and hassle.

"When parents make smart scheduling a priority at home, they achieve a greater sense of balance between what they have to do, such as clean, and what they want to do as a family," says Molly Gold, founder of Go Mom Inc., a company that helps mothers simplify their lives.

She offers the following tips:

- **Time management:** Use an organizer to highlight priorities and help you use time more effectively. Choose one that enables you to track all family members' activities in one place.

When it comes to your home, evaluate what needs to be done; divide the tasks to maximize productivity and stay focused. Do as much as you can in the time allotted, whether it is as few as 10 minutes or as much as 30.

- **Cleaning:** Choose cleaning products that are both versatile and effective. For example, Mr. Clean Extra Power Multi-Surfaces Cleaner can take on the dirtiest jobs you can dish up - from grease on the kitchen counters to soap scum in the bathroom.

The Mr. Clean Magic Reach with an extendable pole and scrubbing and mopping pads can help you clean the most difficult-to-reach places in your bathroom - such as behind the toilet, around the sink and in the corners of the tub or shower.

For more information, log on to [www.mrclean.com](http://www.mrclean.com).

- **Organizing:** A clean desk is an efficient desk. Outfit this area with a planner, bill-paying center, files for important papers, office supplies, phone and notepad. Follow the "one touch" rule for paperwork: Touch

it once and make a decision then to either act or file. Sort your bills by due date.

The doorway is another high-traffic area that should stay organized. Install hooks for backpacks, and if you have the space, provide every family member with a cubby for everything from coats and boots to clean sports uniforms. Designate storage locations near your entryway for "forget-me-not" items such as keys, mittens and lunch money.

For more tips from Gold, visit [www.gomominc.com](http://www.gomominc.com).

Courtesy of NewsUSA

## SUDOKU HARD

### Instructions:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once. Look in next month's issue for the answer to this month's puzzle.

	3			4				
	8			3		5	1	
		2		1	8	7		
6	5	4						
		9		6		3		
						2	8	6
		8	2	4		1		
2	6		8				9	
			9				7	

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ALWAYS WEAR SAFETY GOGGLES, READ ALL INSTRUCTIONS COMPLETELY BEFORE STARTING. OBSERVE ALL SAFETY PRECAUTIONS & ALWAYS HAVE ADULT SUPERVISION!

## Static Electricity:

Rubbing certain materials together can cause the buildup of electrical charges on the surfaces. Opposite charges attract and same charges repel. Either charge will be attracted to something of neutral charge. Sparks are an extreme case of electrons being attracted to an object that has a positive charge.

Famous Static Electricity experiment

Ben Franklin proved that lightning was static electricity by flying a kite in a storm and detecting static electricity by seeing the hairs on the kite string stand on end and creating a spark with a metal key.

This dangerous experiment showed that static electricity was being formed in the clouds by the rain.

The common belief that Franklin easily survived a lightning strike is not just wrong, it is dangerous: it may convince kids that it's OK to duplicate the kite experiment as long as they "protect" themselves by holding a silk ribbon with a key tied in the middle. Make no mistake; Franklin's experiment was extremely dangerous. He could have been killed at any moment, and if lightning had actually hit his kite, today he would be regarded as a colonial politician who was killed by stupidity, not as a famous scientist who founded a major new research area. Here are some Static electricity experiments you can do

## Swinging Cereal

SUPPLIES:

1. A hard rubber or plastic comb
2. Thread
3. Small pieces of dry cereal (O-shapes, or puffed rice of wheat)

HOW TO:

1. Tie a piece of the cereal to one end of a 12-inch piece of thread. Find a place to attach the other end so that the cereal does not hang close to anything else. (Taping the thread to the edge of a table works but be sure to check with your parents first.)
2. Wash the comb to remove any oils and dry it well.
3. Charge the comb by running it through long, dry hair several times, or vigorously rub the comb on a wool sweater.
4. Slowly bring the comb near the cereal. It will swing to touch the comb. Hold it still until the cereal jumps away by itself.
5. Now try to touch the comb to the cereal again. It will move away as the comb approaches.

(NOTE-Substituting a balloon for the comb can also do this experiment.)

WHY THIS HAPPENS: Combing your hair moves electrons from your hair to the comb. The comb had a negative charge. The neutral cereal was attracted to it. When they touched, electrons slowly moved from the comb to the cereal. Now both objects had the same negative charge, and the cereal was repelled.

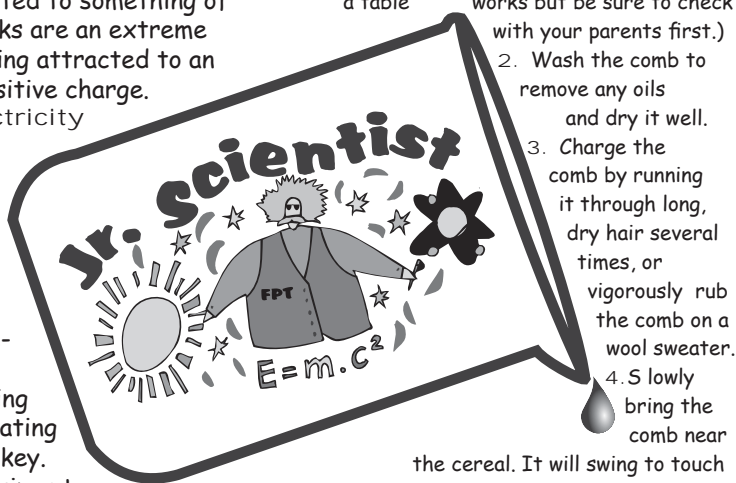
## Bending Water

SUPPLIES:

1. A hard rubber or plastic comb, or a balloon
2. A sink and water faucet.

HOW TO:

1. Turn on the faucet so that the water runs out in a small, steady stream, about 1/8 inch thick.
2. Charge the comb by running it through long,



## Shocking Experiment!

By: Family Pastime Staff

dry hair several times or rub it vigorously on a wool sweater.

3. Slowly bring the comb near the water and watch the water "bend."

(NOTE-Substituting a balloon for the comb can also do this experiment.)

WHY THIS HAPPENS:

The neutral water was attracted to the charged comb, and moved towards it.

## Dry VS. Wet Static

What you need:

1. A balloon,
2. A watch or clock

What you do:

1. Rub the balloon on your hair or sweater. Stick it to a wall and time how long it stays before falling down.
2. Repeat step (1) in the bathroom, just after someone has taken a hot, steamy shower.

WHY THIS HAPPENS:

In the bathroom, water in the air and on the walls helped move electrons away from the balloon more quickly. In the summer, the air is more humid, and static electricity does not build up as much as during the winter, when the air is very dry. FPT

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**Across**

- 4. Ship's cook works in the \_\_\_\_\_
- 6. This pirate was born Edward Teach
- 10. When the crew takes over a ship
- 11. \_\_\_\_\_ me timbers
- 12. The thing ye'll be sure to avoid walking on
- 13. Pirates often carried these types of swords
- 18. \_\_\_\_\_ the deck
- 19. Blackbeard's ship sunk off the coast of
- 22. What we bury our treasure in
- 23. To sink a ship on purpose
- 24. Pirate flag

**Down**

- 2. Item used to spot an island or port from the highest point on board the ship
- 3. Stop and give attention.
- 5. "Yes, yes, captain.
- 7. A body what has never been off to sea
- 8. This man's 'locker' encompasses the ocean floor
- 9. Left side of a ship
- 13. Where you sit to spy what's around ye
- 14. Romantic term for pirate
- 15. Hoist the
- 16. Common forms of money: doubloons and pieces of
- 17. Left with no water and one gun on a deserted island
- 20. What a pirate calls his stolen goods
- 21. The Captain's faithful pet

**Family Pastime Magazine**



Turns out Captain Blackbeard is a trekkie. Who is his favorite Star Trek character? Commander WhARRRRRrf!!!	Who is a pirate's favorite country singer? Dolly PARRRRrrrton!
Which of the Rolling Stones is a pirate's favorite? McJaggAAAARRRRRRRR!	What does a pirate spread on his toast? MAAAAARmalade!
What is a pirate's favorite comic strip? GARRRRrrrfield!	What does pirate's dog say? Aaaarrrrrf!
What do you call an official pirate? A carrrrrrrd caarrrrrryng pirate!	Why did the pirate fail the test? It was too harrrrrrrrrrd!

Catch up on all the local happenings. Read Family Pastime Magazine back issues online. [www.familypastime.com](http://www.familypastime.com)

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## How To Make Memories Into Art

Now that summer is going out like the tides, gather your favorite vacation photos and souvenirs to display throughout your home.

Scrapbooking is one way to display your memories but why not take them out of the album and put them on your walls?

"People shouldn't shove their memories into a box and put them away. By framing them and turning them into art, not only are they personalizing their home, but they are preserving memories," says nationally recognized interior design consultant Barbara Schmidt, whose work has been featured on television and in countless publications including *Architectural Digest*, *InStyle*, *Elle D'cor* and *Metropolitan Home*. "The key to showcasing memorabilia is keeping it sleek. People are focusing more on color and graphics when framing their precious

memories to keep the presentation fresh and unique," says Schmidt.

Here are a few great ideas to consider when framing precious memories:

- Pick an event like a favorite vacation to frame.
- Choose a unique variety of memorable items from each event. For instance, ticket stubs from your favorite attractions, unique postcards, souvenirs and pictures are a great place to start.
- Pick between one to three mat board colors that complement the pieces when they are pulled together.
- 4. Visit a professional custom framer to determine the right layout and frame. "People remember things for different reasons," Schmidt said. "By taking the time to save them instead of packing those items away, it will help the memories live on forever."

Jay Goltz, owner of Artists' Frame Service in Chicago -- the largest custom framing facility in the country -- recommends using preservation

quality mat board for conserving memorabilia like the RagMat brand by Crescent. "I love RagMat because it's pure," says Goltz,



referring to the fact that it's made out of pure cotton and is naturally acid and lignin free. "RagMat mat board is the only mat board guaranteed safe next to any artwork and is preferred by museums and preservationists, which says a lot."

For more information about RagMat and custom framing, visit [www.crescentcardboard.com](http://www.crescentcardboard.com) or contact a professional framer. FPT

Courtesy of ARA Content

### HEALTH MATTERS

By: Patsy Meridith



Does your child suffer with hyperactivity, moodiness or poor concentration? Researchers at Purdue University have found that children who tend to be more hyperactive, impulsive, and inattentive have significantly lower blood levels of DHA, a key essential fatty acid especially important for brain function. Studies show that brain critical nutrients

like DHA influence academic performance, mood and behavior. With concern about antidepressants and stimulants being overly prescribed for ADHD, parents are looking for nutritional approaches to improve behavior and concentration. Learning Factors is a blend of nutrients, including DHA, designed to optimize brain performance in not only children, but adults, as well. It's available in soft gels, a tasty smoothie mix or liquid.



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## Paying too Much for Medications? Saving Money on Prescriptions Just Got Easier

Americans are paying more and more for their medications, with many seeing double-digit increases or more over the past decade. The changing landscape of brand names, generics and over-the-counter choices is confusing. And health insurance coverage is changing rapidly too. The trend is toward higher co-payments or co-insurance for traditional prescription card programs and consumer-driven health plans with high deductibles, meaning that out-of-pocket expenses are on the rise.



more of a factor when consumers are ready to fill their prescriptions.

But, where to go to find lower prices and make more informed decisions? One site, BidRx.com, is a free Web site changing the way Americans buy prescription drugs. Just as online travel sites have revolutionized how consumers find inexpensive airfares and hotels online, BidRx.com has created an open and competitive marketplace where consumers can evaluate similar medications, comparison shop between pharmacies, receive electronic coupons for discounts from pharmaceutical companies and ultimately experience savings up to 85 percent or more when they put their prescriptions out for bid so they can compare prices and services from various pharmacies.

Omro Pharmacy of Omro, Wisc., is one of the pharmacies to do business on the site. "As an independent drug store, we're always looking for ways to serve more customers," says Ken Bressers, RPh, pharmacist and owner, Omro Pharmacy. "I think it's really important that BidRx exists. It's the first real way to find reasonable prescription pricing online.

And, with BidRx.com, although we're in a small town, our pharmacy can reach millions of American consumers and offer them medications at honest prices. That makes us feel good, and it keeps us in business."

"I first heard about BidRx.com when I was checking a prescription price for my mom. I went to her regular pharmacy to find out their price, which was \$26.99. For fun, I checked the same prescription on BidRx.com. I was shocked that the bid came back at only \$8.64," says Nancy Leatherwood, Oshkosh, Wisc. "It was a huge cost savings for my mom, who is on a fixed income. BidRx was so easy, I really recommend it for everyone. I'll definitely do it again for my mom and for my own prescriptions. I had no idea that there could be such a huge range in medication pricing; it was a real eye-opener."

If high health care costs are cutting into your family's bottom line, it's time to take action by shopping for prescriptions in a whole new way. It's easy to participate. Visit [www.BidRx.com](http://www.BidRx.com) and register on the confidential and secure site to learn more and start saving right away. FPT

*Courtesy of ARA Content*

With all of these changes, cost is becoming


[www.mybusinesshasnowwebsite.com](http://www.mybusinesshasnowwebsite.com)



### SUDOKU REALLY HARD

Instructions:  
Fill in the grid so that every row, every column, and every 3x3 box contains the letters 1 through 9 only once. Look in next month's issue for the answer to this month's puzzle.

	1	8			4			2
					8	9		
					3	8		5
				7			2	9
	4						6	
1	9			6				
6		1	2					
		3	1					
4			9			7	3	



**Family Crypto-Time  
August Answer**

**“An investment in knowledge  
JL ALIGHTGLN AL RLMCOGKSG  
a ways pays t\_e b\_bst  
JOCJQH UJQH NPG ZGHN  
interest”  
ALNGWGHN** -Benjamin Franklin

## Pirate continued from page 1

The holiday was the brainchild of John Baur and Mark Summers, two friends from Albany, Oregon. They were playing racquetball and, because they're guys, they started insulting each other in pirate jargon. They decided to start Talk Like a Pirate Day, and picked Sept. 19 because it is Summers' ex-wife's birthday. The date was stuck in his head and he wasn't doing anything with it anymore, so it would be easy to remember, Summers said. (And she has called and said she's fine with the notoriety.) From such unlikely seeds was born an international sensation. The two friends – who now go by the pirate personas of Ol' Chumbucket and Cap'n Slappy – remain amazed at the success of what they still regard as a small private joke that has taken on a life of its own. Since grabbing the world's attention they have launched a Web site – [www.talklikeapirate.com](http://www.talklikeapirate.com) – and written a book – “Pirattitude!” which will be released Sept. 6 by New American Library. The two have also been inundated with requests for interviews, appearing on CNN, National Public Radio, the BBC, Radio Ireland and scores of other stations around the world. FPT

What do pirates write with?  
Marrrrrrrkers!

Who was the pirate's favorite  
basketball player?  
Kareem Abdul JabAARRRGGGHHH!!!

Why couldn't the pirates play cards?  
The captain was standing on the  
deck!

## Fun with Junk : Homemade Instruments

The Art Council of Greater Kingsport's “Fun with Junk : Homemade Instruments” workshop will kick off the 2006-07 ‘Arts4Kids’ program year. Led by Katie Doman, Arts4Kids participants will have the opportunity to make homemade instruments out of odds and ends materials while learning about traditional folk music. The workshop will be held on Sunday, September 10, at 2:30 p.m. on the back porch of Roseland at Exchange Place, and will last approximately an hour. This Arts4Kids workshop is being offered in collaboration with Exchange Place's “An Appalachian Play-party and Concert”. The workshop is limited to 25 children, so reserve your spot by calling Exchange Place at 423-288-6071. In addition to this workshop, the afternoon will feature many entertaining and educational activities for all ages, culminating with a 6 PM concert by Katie Doman and the ETSU Bluegrass Band. Arts4Kids club participants who stay for the concert will have an opportunity to play their instruments with the band. For more information on the “Appalachian Play-party and Concert”, please contact Exchange Place.

Katie Hoffman Doman is a singer/songwriter who lives in Greene County, Tennessee. She travels around the region performing and lecturing on traditional Appalachian music. Katie has served as the Music Task Force Co-Chair for the Smithsonian Folklife Festival in Washington, D.C. and currently serves as traditional music consultant to the latest James Agee Film Project documentary series on Appalachian geographical and ecological history.

In addition to the Sunday workshop, the Arts Council will take this workshop to two after-school programs, those of VO Dobbins and Lee Family Learning Center, to reach more underserved audiences. It is the Art Council's hope and goal that children who receive exposure to the great variety of arts through this program will seek out other opportunities to participate in arts. We whole heartedly believe that art empowers and art enriches all of our lives.

Arts4Kids, formerly known as JACK (Just Arts Club for Kids), is an introductory arts club for children ages 5-12 presented by the Arts Council of Greater Kingsport. The program is designed to introduce children to a variety of arts and encourage their life-long pursuit of creative endeavors. Club members receive a colorful t-shirt as well as a regular newsletter. Dues for the entire year are only \$10 per child. For more information or to join, contact the Arts Council of Greater Kingsport at 423-392-8420 or visit our website at [www.kingsportARTS.org](http://www.kingsportARTS.org).

The Arts4Kids program is made possible through the generous support of the Tennessee Arts Commission, the Kingsport Community Foundation (a fund of the East Tennessee Foundation), Eastman Chemical Co., General Shale Brick, Inc., and the City of Kingsport. FPT

Put Magnet here

# BIG ORANGE

Put Magnet here

## 2006 Football Schedule



Date	Opponent	Location	TV	Time	Outcome
Sept. 2	California	KNOXVILLE	ESPN	5:30 PM	
Sep. 9	Air Force	KNOXVILLE	PPV	7:00 PM	
Sep. 16	Florida	KNOXVILLE	CBS	8:00PM	
Sep. 23	Marshall (hc)	KNOXVILLE	PPV	4:00PM	
Sep. 30	Memphis	Memphis	TBA	TBA	
Oct. 7	Georgia	Athens	TBA	TBA	
Oct. 21	Alabama	KNOXVILLE	TBA	TBA	
Oct. 28	South Carolina	Columbia	TBA	TBA	
Nov. 4	LSU	KNOXVILLE	TBA	TBA	
Nov. 11	Arkansas	Fayetteville	TBA	TBA	
Nov. 25	Kentucky	KNOXVILLE	TBA	TBA	
Dec. 2	SEC Championship	Atlanta	CBS	TBA	

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